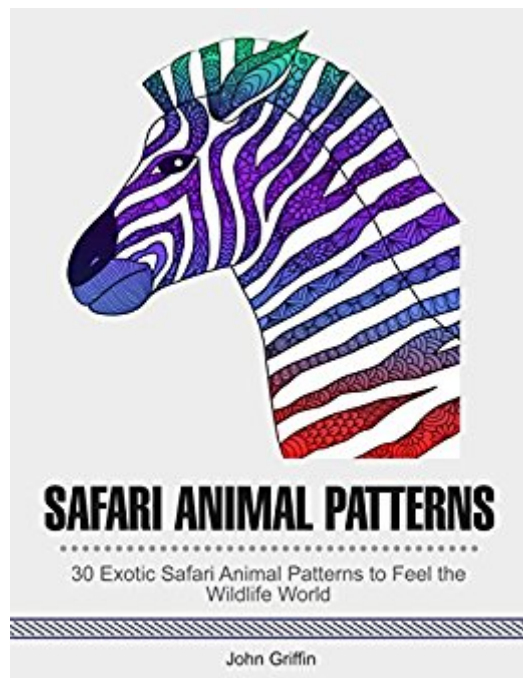


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# Safari Animal Patterns: 30 Exotic Safari Animal Patterns To Feel The Wildlife World (Safari Animal Patterns, Animal Designs, Zendoodle)



## Synopsis

\*\*\*30 EXOTIC SAFARI ANIMAL PATTERNS\*\*\* KINDLE USERS â “ We Are Thinking Of You. Since you canâ™t download this book from your Kindle device - We put a link of a printable PDF version at the end of the book. Print the PDF on large 8.5x11 high quality paper and let your creativity do the rest. Are you ready to relieve stress and get creative? Our Safari Animal Patterns: 30 Exotic Safari Animal Patterns to Feel the Wildlife World is just what you need. Youâ™ll benefit by reducing your stress and anxiety after a long, hard day. Coloring has also been shown to increase your creativity. How does coloring help stress for adults? Itâ™s been scientifically proven to help you take your attention away from your problems. This is the first step to stress relief. Because coloring regulates your amygdala, you get therapeutic relief from stress. You get a small dose of dopamine when you color which helps reduce anxiety and fear. Neuroscience has proven that when we stimulate this area of our brain to produce positive feelings, it can literally rewire our brains. Coloring can now be thought of as a very inexpensive and creative therapy session. Since it requires focus, even if you only color for a short period of time, it can improve symptoms associated with ADD. Why choose this coloring book? This book provides 30 patterns to provide you with the ultimate coloring experience. You get to be creative and be transported back in time to your carefree childhood days. Itâ™s time to unwind with one of the most popular relaxation methods available: adult coloring. Find out for yourself just why adult coloring has become amazingly popular. Choose the best picture that suits your day and start coloring. Our digital version means that you can print out high quality digital images and color until your heartâ™s content!

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## Customer Reviews

This book of beautiful animal patterns has some delightful images to color. Unfortunately, they are the same Shutterstock images that are in many other kindle coloring books. I suggest not spending money on this unless it is the only animal book you have. In that case you will be delighted with it. The print link works just like it should but does require name, email and the secret code.

Another coloring book that doesn't show me the Bought banner of Verified Purchase, yet I have it on my K4PC...Have every one of these designs in other animals, birds, dogs, etc coloring books...all Shutterstock/Istock repeats(repeat designs/patterns #315).When we buy coloring books in stores we can look thru them to see if we like the designs and check for any designs we already have. Why Not On ??

This has been one of my favorite coloring books by far I love the designs. Each page is complex but easy enough to complete in one sitting. I have nearly completed the book and will buy some of the other books in this series. One thing about this book is the paper is really nice with a smooth texture that takes ink really smoothly with full coverage without requiring going over multiple times. The pages are perforated so they can be removed and used as journal pages or framed. I use markers and unfortunately they bleed through the page so the reverse of the page is dotted up with bleed-through but there isn't much help for that. Also, the designs are all different but have similar design elements from page to page so the lack of variety in the details might not appeal to some, Otherwise I love the book myself and highly recommend it. I used a wide variety of pens - sharpies, color pencils and gel pens.

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